MINUTES OF HEALTH AND WELLBEING BOARD MEETING - WEDNESDAY, 20 JUNE 2018

Present:

Councillor Cain, Cabinet Secretary (Resilient Communities) (in the Chair)
Councillor Clapham, Conservative Group Member

Dr Amanda Doyle, Chief Clinical Officer, Blackpool Clinical Commissioning Group
Roy Fisher, Chairman, Blackpool Clinical Commissioning Group

Jerry Cragg, Area Group Manager, Lancashire Fire and Rescue Service

Tracy Hopkins, Blackpool Citizens Advice Bureau, Third Sector Representative

Dr Arif Rajpura, Director of Public Health, Blackpool Council
Karen Smith, Director of Adult Services, Blackpool Council

In Attendance:
Lennox Beattie, Executive and Regulatory Support Manager, Blackpool Council
Matthew Burrow, Head of Corporate Assurance, Blackpool, Fylde and Wyre Hospital Trust
Nicky Dennison, Senior Public Health Practitioner, Blackpool Council
Lynn Donkin, Consultant in Public Health, Blackpool Council
Andrew Foot, Head of Housing, Blackpool Council
Claire Grant, Divisional Commissioning Manager, Blackpool Council
Dawn Haworth, Senior Programme Manager, Midlands and Lancashire NHS Commissioning Support Unit
Liz Petch, Public Health Specialist, Blackpool Council
Ian Treasure, Partnership Manager, Blackpool Fulfilling Lives

Apologies:

Diane Booth, Director of Children's Services, Blackpool Council
Jane Cass, Head of Public Health, NHS England (Lancashire and South Cumbria)
Dr Leanne Rudnick, GP Member, Blackpool Clinical Commissioning Group

1 DECLARATIONS OF INTEREST

There were no declarations of interest on this occasion.

2 MINUTES OF THE LAST MEETING HELD ON 22 MARCH 2018

The Board considered the minutes of the last meeting held on the 22 March 2018.

Resolved:

That the minutes of the meeting held on 22 March 2018 be approved and signed by the Chairman as a correct record.

3 INTEGRATED COMMISSIONING GROUP

The Board considered a report on the Integrated Commissioning Group and its future. It noted that the group had been created as a formally constituted sub-group but had not met in that format since the 30 November 2017. The minutes of the meeting were attached with the agenda and the Board noted that they duplicated discussions that had taken place at other meetings. The Board noted that informal discussions between the members of the group regularly took place.

The Board agreed that it was unnecessary to continue with formal reporting structures when it appeared that the meeting's formal status had now become superfluous. It was also noted that the areas of responsibility would revert back to the Health and Wellbeing Board.

Resolved:

1. To note the minutes of the last meeting on 30 November 2017 as attached at Appendix 3a to the agenda.

2. To agree that the Integrated Commissioning Group no longer acts as a formally constituted sub-group to the Health and Wellbeing Board.

4 HEALTH PROTECTION FORUM UPDATE

Mrs L Donkin, Consultant in Public Health, presented the report of the Health Protection Forum for the period April 2017 to April 2018.

Mrs Donkin highlighted in terms of infectious diseases the issue of measles and the increase in serious cases including deaths in continental Europe. The need to address groups of people who were frequent visitors to locations where outbreaks had occurred and equally to ensure that all children had received the MMR vaccine was highlighted.

Mrs Donkin and Dr Rajpura reported on seasonal flu vaccination commenting on the existing good practice within some large employers, the need to begin the implementation of arrangements for the forthcoming winter imminently and the need to share what worked for those organisations with the best vaccination rates.

The level of healthcare acquired infections in Blackpool was also highlighted and it was noted that these were in line with national figures. However the need to avoid complacency and ensure that the response to this issue remained strong was also emphasised.

Resolved:

To receive the Health Protection Forum report for the period April 2017-April 2018.

5 FYLDE COAST SELF-CARE STRATEGY 2017-2020

Ms Liz Petch, Specialist in Public Health, presented to the Board for approval the Fylde Coast Self-Care Strategy. Ms Petch explained to Board members that the creation of the Fylde Coast New Models of Care and its aim to transform the delivery of health and care had at its centre a key workstream of self-care.

Ms Petch highlighted that improvements in healthcare needed to be underpinned by how people themselves protected their own health, made healthy lifestyle choices and chose appropriate treatment options in order to manage incidents of ill-health and long-term conditions. The strategy's fundamental aim was one of empowering individuals to have the confidence, knowledge, resources and support to self-care and awareness of when to contact services for additional support.

Ms Petch emphasised that as outlined in the report, the strategy aimed to build on the strengths that already existed in the community, aimed to ensure people and communities (which includes the workforce) would be equal partners in changing behaviours, building resilience and providing mutual support, and would put the community at the heart of the New Models of Care transformation agenda.

The strategy had been the result of significant period of consultation, had been developed through a multiagency approach and attempted to address the contagion of self-care. The implementation of the strategy would be driven by a Development Group and the Board expressed a keenness for as many partners as possible to become involved in that group.

Resolved:

1. To approve the Fylde Coast Self-Care Strategy 2017- 2020.

2. To note the aims and ambitions for action against the strategy.

3. To inform any partners interested in getting involved in actions to deliver the strategy join the Self Care Strategy Development Group – next meeting Friday 22 June 2018 at 1pm.

6 BLACKPOOL FULFILLING LIVES - HELPING ADULTS WHO HAVE MULTIPLE COMPLEX NEEDS

The Health and Wellbeing Board received a presentation on the work of the Blackpool Fulfilling Lives from Mr Ian Treasure, Partnership Manager, Blackpool Fulfilling Lives. Mr Treasure was accompanied by John, a service user, and by Nicola Plum, one of the navigators, who also provided the Board with their experience

Blackpool Fulfilling Lives (BFL) had received Big Lottery Fund funding for a seven year pilot project to support people with multiple and complex needs. Mr Treasure explained multiple-complex needs had been defined as those affected by two or more of homelessness, offending, problematic substance use (including alcohol) and mental ill health. Mr Treasure highlighted that at the core of the offer had been the use of

navigators with a small caseload and the emphasis on recruiting navigators with lived experience of the issue to break down potential and actual barriers. The focus would then be on the strategic outcomes of improved lives for service users, a coordinated approach and empowerment of Service Users. Mr Treasure further explained that evaluation formed a key part of the lottery project at national and local level and he highlighted the recent positive evaluation report which had been made available to members.

It was noted that to date the programme had worked directly with 366 beneficiaries in Blackpool. All beneficiaries had a combination of multiple and complex needs including homelessness, problematic substance misuse, re-offending behaviour and mental ill health and a past history of not engaging with services.

Members of the Board asked questions and Mr Treasure explained that at the cessation of the Lottery funding it was intended that the robust evidence base could be used to direct future resources and it was hoped that the involvement of staff who had lived experience would better inform the future direction of service provision.

Resolved:

1. To note the presentation on the work of Blackpool Fulfilling Lives.

2. To note the work being undertaken by the Blackpool Fulfilling Lives Strategic Board to cause systemic change in Blackpool for people with Multiple Complex Needs.

3. To agree to receive an update on the project every 12 months.

7 LANCASHIRE CHILDREN AND YOUNG PEOPLE'S EMOTIONAL WELLBEING AND MENTAL HEALTH TRANSFORMATION PROGRAMME- UPDATE

The Health and Wellbeing Board received an update on the Lancashire Children and Young People’s Emotional Wellbeing and Mental Health Transformation Programme from Ms Claire Grant, Divisional Commissioning Manager, and Ms Dawn Haworth, Senior Programme Manager, Midlands and Lancashire NHS Commissioning Support Unit.

The presentation began with outlining how the Transformation Programme had made significant progress on improvements, after just 2 years of operation of the 5 year period of the plan. Emphasis was given to the nationally set access targets of children and young people with an Eating Disorder to be able to access support in the community within 1 week if urgent and 4 weeks if routine, and of 35% of children and young people with diagnosable mental health conditions to have received support from NHS mental health services. Ms Haworth explained that locally 11,461 children and young people had accessed NHS funded mental health services in 2017/18 which represented 7% above the national target.

Ms Dawn Haworth explained the need for a refreshed Transformation Plan and need for a fundamental redesign of CAMHS services to improve access and reduce variation across the area. In common with many areas, it had appeared clear that for many young people clinical services would not be appropriate for their needs and that access could more reasonably in the form of services provided by local authorities, schools or the voluntary and community sector. This had led to the creation of the THRIVE model moving away

from the tiered approach to one that is integrated, person centred, goal focussed and evidence informed. The aim being to deliver services in four key ways; getting advice (signposting, self-management and one-off contacts), getting help (goals focused interventions), getting more help (intensive treatment services) and getting risk support (crisis response and risk management). The intention had been confirmed as to ensure that all partners collaborated to provide children and young people's mental health services in line with the THRIVE model.

Resolved:

1. To note the current strategic context.

2. To note the progress made in delivering against the Transformation Plan and note the publication of the refreshed Transformation Plan.

3. To note the challenges that the programme is facing, in particular variations in access, waiting times and investment levels.

4. To note the update on the CAMHS Redesign project.

8 HOUSING AND HOMELESSNESS STRATEGIES

The Board received a presentation from Mr Andrew Foot, Head of Housing, Blackpool Council. Mr Foot reminded members that addressing the quality and range of housing was Priority One in the Health and Wellbeing Strategy 2016 and the latest annual report from the Director of Public Health had drawn attention to the links between poor housing, transience and lifestyle-related illnesses, and on the impact of high levels of homelessness. Mr Foot linked his presentation to that given by Fulfilling Lives at Agenda Item 6 and emphasised that services to prevent and respond to homelessness had managed to increase the number of cases where there ~~is~~ was successful prevention work and slightly reduce the overall number of people ending up homeless, but there had been at the same time been an increase in the number of individuals found rough sleeping and cases had typically become more complex in nature.

He highlighted to members the steps taken to address the objectives by the Council in the approval of its new Housing Strategy**,** the Homelessness Prevention Strategy and the implementation of the Housing Plan for an Ageing Population previously approved in 2017.

Mr Foot highlighted the work undertaken by Blackpool Housing Company to improve the private sector rented offer and by the Council in building new houses at Foxhall Village and Queens Park. It was also noted that the Executive meeting on the 18 June 2018 had approved a scheme to deliver supported housing for those with learning disability alongside new Council houses. Mr Foot however highlighted that government funding was becoming increasingly difficult to access as it had been directed towards those areas with affordability issues.

Mr Foot completed his presentation by outlining that it remained difficult to progress new work on some of these issues, with all partners struggling to find sufficient capacity and expertise to initiate new approaches. The Health and Wellbeing Board was then asked to confirm support for joint work on the key housing issues set out in the report and Board members were requested to ask their organisations to consider in detail how the necessary staff and financial resources could be made available.

Resolved:

To confirm the Board's support for joint work to address the key housing issues set out in 5.6 of the report namely:

- How to Better match the provision of support around mental health and substance misuse to support for rough sleepers
- How to re-invest in assistance to vulnerable older people to enable them to stay safely in their own homes and avoid injury and unnecessary care and support
- To review how investing in a range of adapted accommodation for older people could reduce health and care costs
- To review how building more supported accommodation for people with long term support needs, such as learning disabilities and long term mental health conditions, could achieve better outcomes and reduce care costs
- To link support to people within deprived communities of inner Blackpool to wider services and investment to improve those areas and make them more attractive and sustainable

9 DATE OF THE NEXT MEETING

To note the date of the next meeting as 10 October 2018.

Chairman

(The meeting ended at 5.10pm)

Any queries regarding these minutes, please contact:
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